

Testimony from Get In Touch Foundation
to the Legislative Program Review and Investigations Committee
"Adolescent Health Care" Hearing June 21, 2011

The Get In Touch Foundation's **Girls' Program & Daisy Wheel® breast health initiative** teaches girls in grades 5-12 the importance of, and how to do a breast self exam - ***for life!***

In collaboration with a medical consulting board that includes a school nurse, a pediatrician, an oncologist, a breast surgeon and a radiologist, GIT has developed the Daisy Wheel®. This highly innovative tool will be introduced by health educators to girls beginning in 5th grade, when introducing topics of hygiene and the girls' changing bodies, and will be taught annually through 12th grade. These "Eight Tips" for "Eight-Straight" years of the Girls' Program will give the girls the foundation they need to practice BSE - *for life*.

The Get In Touch Girls' Program & Daisy Wheels® are ***provided at no financial cost to any school that requests them.***

This program teaches girls to "get in touch" with their bodies through self-examination and has been developed by board members and members of the medical community, including focus-groups of girls ages 8-18. Our interactive and fun Daisy Wheel teaches the importance of and how to do a breast self-examination - not just for now, but for life! The Daisy Wheel is then given out to girls in grades 5-12 when health educators discuss hygiene and the girls' changing bodies.

Eileen Scully

Chairman, Board of Directors
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